

N° d'inscription

NOTE: _____
20

Le sujet comporte 4 pages
numérotées de 1/4 à 4/4

NOTE: _____
40

I. READING COMPREHENSION (15 marks)

THE TEXT

1. For most of my life I felt out of sync with the world around me. As a mother, wife and successful entrepreneur, everyone thought that I was happy and thriving. But when I hit my 30s, my social life started to suffer in ways that I couldn't ignore. I had spent my 20s and my university years as a social butterfly: always the loud, funny one in any group. Or that's how it seemed from the outside. In reality, I was constantly "masking" the real me and putting on a confident face so that I would be liked. Inside, I was exhausted and crumbling.
2. You might roll your eyes when I tell you that the cause of all this was Attention Deficit Hyperactivity Disorder (ADHD). My path to finally being diagnosed with ADHD started when I was 42. As a child, no one had ever suggested to me that ADHD might be to blame. When I was primary school-aged, people had high expectations of me. But the older I got, the worse I did. I was so different. I felt my emotions more strongly than other people did. I started to underperform in high school and barely scraped a pass when I left at 18.
3. When I finished college, I got myself into a marketing traineeship. But I couldn't focus on my work, procrastinating all day. I dropped out halfway through the programme. It took me a while to figure out what I really wanted to do. I knew that I had a passion for travel so I set up a travel planning agency. Working for myself was freeing and eventually I was bought out by a renowned brand in 2009. Inspired by my experience with ADHD, I created *Bundle It*, an app that could help anyone who feels overloaded by the constant flow of information online.
4. Having a late ADHD diagnosis has made me more empathetic, more in tune with myself, and finally confident in who I am. Without it, I wouldn't have had the creativity or drive to bring my ideas to life. I feel closer than ever to my true friends. Now, being myself fully, I have the confidence to truly love who I am and I feel more empowered to change how I live my life.

The Telegraph, February 6, 2025

(Adapted)

COMPREHENSION QUESTIONS

1. Tick (✓) the most appropriate option. (1 mark)

The text is mainly about a woman who

- a. failed to come to terms with her troubled inner self.
- b. overcame the social bias related to her condition.
- c. turned her condition into an opportunity for growth.

2. For each of the following statements, pick out ONE detail from the text showing that it is false. (3 marks)

- a. Being her true self helped the narrator build connections with people around her. (paragraph 1)
.....
- b. The narrator became aware of her health condition thanks to people’s remarks. (paragraph 2)
.....
- c. Despite putting off tasks, the narrator carried the training to the finish line. (paragraph 3)
.....

3. Complete the table below with information from paragraphs 1, 2, and 3. (3 marks)

Year / Period	Event
a)	The narrator lived her life to the fullest.
In her early 40s	b)
c)	She gave up ownership of her agency.

4. Fill in each blank with ONE word from paragraphs 3 and 4. (3 marks)

Living with an undiagnosed health condition was a bittersweet for the narrator. It was daunting but at the same time incredibly She eventually managed to get much to achieving her goals.

5. What do the words underlined in the text refer to? (2 marks)

- a. did (paragraph 2) refers to:
- b. it (paragraph 4) refers to:

6. Tick (✓) the most appropriate option. (2 marks)

A. “... barely scraped a pass...” (paragraph 2) nearly means the same as

- a. almost missed success
- b. effortlessly achieved success
- c. never achieved success

B. “...in tune with...” (paragraph 4) nearly means the same as

- a. in response to
- b. in defence of
- c. in harmony with

7. Give a personal justified answer to the following question. (1 mark)

Do you think the narrator was right when she hid her health condition in order to be accepted by others? Why/Why not?

I think the narrator right when she hid her health condition because

Ne rien écrire ici

II. WRITING (15 marks)

1. Use the notes in the table below to write a 5-line paragraph about the International Electronic Waste (E-Waste) Day. (5 marks)

Celebration	every year / October 14 / 39 countries / world
Foundation	first International E-Waste Day / create / 2018 / WEEE Forum association
Aims	- raise public awareness / need / reduce e-waste (cables, devices, ...) - encourage people / industries / adopt recycling habits
Awards	win / worldwide recognition / significant contribution / cleaner environment

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2. A friend of yours shared the following quote on Facebook: *"The true measure of a person's worth lies not in material possessions but in the qualities they have and the values they embody."* Do you agree or disagree?

Write a 12-line post to be shared on your Facebook page in which you express your opinion about the above quote, supporting it with at least three sound arguments. (10 marks)

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III. LANGUAGE (10 marks)

1. Fill in the blanks with seven words from the box below. (3.5 marks)

regularly / each / deliver / mix / to / personalized / as / with / attend

A college in London will replace its traditional teaching with an AI-enabled adaptive learning system. It will open a 'teacherless' course for 20 students in September. The students will use a of artificial intelligence platforms, in conjunction with VR headsets. Students will receive a learning experience with a self-paced approach. All students will the college daily, receiving support from the college's coaches. The adaptive learning approach works by assessing students on how well they know each area of the curriculum. The system generates learning pathways based on student's individual knowledge gaps. It also sequences course material that the student needs assistance "The system highlights when students begin to struggle, directing them to additional materials, and explaining concepts needed," said Rudolf Lockhart, the chief executive of Independent Schools Programme.

2. Put the bracketed words in the right tense or form. (3.5 marks)

Humanity is facing an existential crisis that threatens billions around the globe, a report has warned. More than three-quarters of all land on Earth has become (**permanent**) drier over the last 30 years. Since 1990, arid regions (**expand**) and now cover 40 per cent of the Earth's land. Experts warn that this has a dire (**imply**) for agriculture as hot climate turns the world's former breadbaskets into dry lands. The problem is even (**pressing**) than the already significant increase in deadly droughts would suggest. In a conference held a week ago, a UN chief scientist even (**predict**) that by 2040, the spread of arid areas would cost the world 20 million tons of maize and around 19 million tons of rice. Experts also stipulate that human-(**cause**) climate change is the principal reason for this crisis. If nothing is done to reduce greenhouse gas emissions, the number of people living in drylands (**double**) from 2.3 billion to 5 billion in 2100. This new data reveals the worrying scope of the world's aridity crisis.

3. Circle the right option. (3 marks)

Film tourism has become increasingly popular, with many viewers inspired to travel to the locations where their favourite films were shot. This trend has grown significantly, with estimates indicating that over 80 million tourists (**travelled / had travelled / have travelled**) for this reason in 2018. Beyond its economic impact, the audiovisual industry also reshapes the perception of destinations, and changes (**who / how / what**) visitors experience them. In some instances, the influx of tourists has boosted local economies. (**While / Despite / However**), this surge can also lead to overcrowding and a dilution of local identity. Visitors may consume superficially, focusing on iconic scenes (**within / with / without**) understanding the local history or culture. These factors contribute to an essential debate for many cities striving to (**challenge / balance / ignore**) the advantages of tourism with the need for sustainability. When (**managing / to manage / managed**) effectively, the sector serves as a way to promote year-round travel.